What is CANstruction?
CANstruction is a design/build competition to construct structures entirely of canned food – all of which is donated to the local food bank after the competition. Teams are given only one day (12 hours) to build their structures and awards are given for: Best Meal, Best Use of Labels, Structural Ingenuity, Juror’s Favorite, Honorable Mention, and People’s Choice.

IT TAKES OVER 1000 CANS TO BUILD A STRUCTURE!!
So how can you help?
DONATE!

With most cans costing about $1 every donation, even as small as $5 or $10 is a big help towards reaching our goal! Please consider donating and sponsoring this unique charity event! ALL CANS WILL BE DONATED AT THE END OF THE COMPETITION.

Monetary donations are preferred as we need a specific set of cans for our structure. Online donations of $5, $10, or $20 are now being accepted! If you’re interested in contributing at a high level as a named sponsor, want more information, or would prefer to donate cans, please contact Linda Kaplan lkaplan@gfnet.com directly.

All donations must be received by Sept 13.

IT STARTS WITH ONE CAN®.
TO FEED THE HUNGRY. TO LIFT THE SPIRIT. TO CHANGE THE WORLD.